

# Scorpions Competitive Duos Program 2024 FAQ

*Parents, players in our competitive duos program, here are the answers to some commonly asked questions often asked about the program.*

## **What is the time and cost commitment required?**

Acceptance into the competitive duos program means you must attend TWO sessions per week. One session in Cambridge at Riverside Park and one at our courts at Emerald Lake. It is a 12 week program.

The COST for each athlete for 2024 to be in the program is 295.00. The duo will be billed by our treasurer. You will be sent the link to register. We know some will miss a week if they are on vacation.

- **SCHEDULE** - 11u,12u,13u,14u Competitive Beach - Thursday Nights at Riverside Park and Tuesday Nights at Emerald Lake
- **SCHEDULE** - 15u,16u, 17u, 18u Competitive Beach - Thursday Nights at Emerald Lake and Tuesday nights at Riverside Park

## **Who are the Head Coaches of the Scorpions Duo's Beach Program?**

Samantha Warner and Tracy Liburd

## **What is the Competitive Beach pre-season orientation meeting about on April 21st, 2024 at Heritage College?**

It is important we all meet as a group, to meet our coaches, take the group photo, pick up your t-shirt and buy swag. April 21st, Sunday Heritage College, DUOS - 2-pm to 4pm,

## **What is Commit to Beach Weekend May 11th and 12th, 2024 and what does it have to do with the Competitive Beach Duos Program?**

We are hosting our 10th year of this orientation program. It has become an essential part of our competitive duos program for NEW duo to get a hands on, practice 2-day training session at Emerald Lake before the season starts. Here is a [link](#) to the info on the program and to register. It is \$80.00 per player to attend.

## **Can parents attend practices at Emerald Lake and Riverside Park?**

The practices at Emerald Lake and Riverside Park are open to parents, However, at Emerald Lake we want to minimise traffic during the week, we suggest people take turns carpooling there. At Riverside Park sand courts and Emerald Lake, parents bring a chair to sit on.

## **What are the details about the Emerald Lake Beach Tournaments the Scorpions host?**

The Scorpions are putting on 6 public youth competitive beach Duos Tournaments this season. *We appreciate it if you attend our independent tournaments as they support the club.* We understand you cannot necessarily attend all of them.

The tournaments are at our beautiful [Emerald Lake](#) location. (15 minutes east of Cambridge). We have refurbished all 12 of the back beach courts and three courts near the washrooms with Olympic sand. It is an excellent location. Our tournaments cost \$85 per duo to attend.

Go to our [Tournaments page](#) to learn more and to register for the Duos Tournaments.

This year the Scorpions have also Four 4 on 4 tournaments, 12u-18u. Yes, duos can enter them, though you need to find 4 to have a team. 15U plus ages are co-ed teams.

## **The Ontario Volleyball Association also puts on Duos tournaments, how can I sign up for them?**

You can also attend the Ontario Volleyball Association Beach Tournaments. Information on how to register for them and dates are at this [LINK](#).

Again we appreciate you supporting our club's tournaments.

## **My partner cannot make a particular tournament. Can I enter the tournament with another partner?**

Yes you can! It can be a lot of fun to enter a tournament with another partner. Sometimes your partner is on holiday or sick and can't make it. A perfect time to get someone else to fill in.

## **What do I bring to a tournament?**

- 1.Sun protection umbrella/tent/chairs
- 2.sunscreen
- 3.change of clothes,towels
- 4.healthy foods/snacks
- 5.hydratation fluids, - water/gatorade (*you have to replace the electrolytes and salt lost during the games*)
6. Yes you can bring a small barbeque.
7. Some sort of socks to keep the athletes feet cool when the sand is hot.

## **What time do I arrive for a tournament?**

Check in is usually between 8:30am-9:00am with games starting shortly after. Do not arrive late. It is a \$10.00 fee per car to park.

### **What are the rules at Emerald Lake?**

- No dogs,
- No alcohol,
- Drive slow through the campground,
- Obey the railway crossing guard.

### **Are tournaments cancelled due to weather?**

Beach Volleyball is played in all types of weather, except for thunder/lightning. It is not unusual to have heavy rainfalls, hot weather. We will take heat/hydration breaks if necessary. If there is lightning/thunder we will wait the required time before restarting.

### **Do we have an end of season beach volleyball bash?**

Yes we do an end-of-season party for our competitive duos. It is held at Emerald Lake at the end of the season during a weeknight. It includes free access to the waterpark, hotdogs/hamburgers, awards, and of course beach volleyball.